



Gastroscopy with Throat Spray

Discharge Document

Date	
Endoscopist	
Referring Consultant	
Named Nurse	

Information you need

You may experience some slight discomfort following your test. This is usually due to some residual air. You may also experience a slight soreness in the throat this should settle after 24 hours.

You have received some anaesthetic throat spray for your test today, therefore you should not eat or drink until _____am/pm

- Your test was performed as planned.
- Please see your procedure report.
- You have had a specimen taken for Helicobacter Pylori (H Pylori), we will contact you if this test proves to be positive.
- Biopsies have been taken from _____
- The results will _____
- Additional leaflets given _____
- Appointment for _____'s Clinic will be sent to you.
- Your care has been returned to your General Practitioner.



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Any Additional Information:-

If you have any concerns or wish to ask further questions please contact the Endoscopy Unit on 01793 604135 from

- **Monday to Thursday 7.30 am – 8 pm.**
- **Friday 7.30 am – 6 pm.**
- **Saturday 8 am – 6 pm.**
- **Sundays 8 am – 12 midday.**

If you need urgent attention or advice then contact your General Practitioner or call the Emergency Department on 01793 604104 or present to the Emergency Department.

Please bring a copy of the report with you.

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

Document Control

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