



Using a Typoscope to Aid Reading

This leaflet is for patients who are finding reading difficult following a stroke or brain injury due to visual field loss. Loss of the right half of your visual field makes it difficult to follow along to the end of the line whereas loss of the left half of your visual field makes finding the start of the line or moving down to the next line difficult.

A Typoscope is a rectangular shaped piece of black card with a cut out viewing slot. When placed over text it cuts out glare and the amount of text visible making it easier to concentrate on reading.

You can make your own Typoscope, but they can be inexpensively obtained from the RNIB website in packs of 4, each with a different sized viewing slot enabling you to read large print books, small books/paperbacks, newspaper/magazine columns and large print columns. Two lines of text can be seen at once.

- Always read in good light
- Use with your reading glasses or magnifier/low vision aid if prescribed
- Hold the Typoscope with its slot at the top and position it over the first two lines of text
- Read the text that appears in the viewing slot
- Move the viewing slot down to continue reading the text
- As you get nearer the bottom of the page turn the Typoscope upside down so the slot is in the lower half of the card
- Continue reading to the bottom of the page

Available from the RNIB on-line shop - search for Typoscope at www.shop.rnib.org.uk

Contact us: Orthoptic Department, Great Western Hospitals NHS Foundation Trust, Swindon. SN3 6BB

Telephone/answerphone: 01793 604702 Monday – Friday 8am – 5pm

Smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email

gwh.pals@nhs.net

Document Control

Division: Planned Care
Department: Ophthalmology
Approved Date: 29 September 2020
Next Review Date: October 2023
Document Number: