



## Outpatient Parenteral Antibiotic Therapy (OPAT) Management Plan

Patient's addressograph

Useful Contacts:

OPAT Team: 01793 605032  
(Mon-Fri 08:30-16:30)  
Community Team:  
PICC Team: 01793 604765  
Out of Hours:

Discharge Date: Discharging Ward/Contact Number:  
District Nurse or Self Administering:  
District Nurse Visit start date/approximate time:  
Previous medical History:

Allergies & Type of reaction:

Diagnosis:  
Operation & Date:  
Antibiotic Treatment Plan:

Follow on Oral plan:

### Line Care

Type of line: Date inserted:  
Dressings due on: Removal date of line:

### Monitoring

Bloods:

Antibiotic Monitoring:

### General Information

IV Antibiotics are usually well tolerated by most patients, however like all drugs there are some side effects associated with antibiotics and it is important that you contact a member of the OPAT Team if you have **any** problems including:



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## **Serious allergic reaction:**

Symptoms may include wheeze, swelling of the lips, face or throat, difficulty swallowing or hives. This is an emergency and you should call 999

## **Diarrhoea:**

All antibiotics can alter your normal bowel habit however if you are going more than twice a day and it is very runny or watery we may need to collect a specimen from you. – if this is happening please contact the OPAT Team or your Community Team and let them know

## **Vomiting & Nausea:**

If you experience the above please contact the team to discuss.as we may need to get you an anti sickness or switch the antibiotics that you are taking.

## **Rash and/or Itching:**

This may be a slight rash or one that covers all of your body. It may or may not be associated with itching or blisters. If you develop anything more than a slight rash please contact the OPAT Team or your community Team and inform them

## **Blood Tests:**

Every fortnight you will now have blood taken. We do this to screen for any side effects such as anaemia, and to monitor your bodies respose to the medication by looking at your white blood cell count and inflammatory markers.

## **Tiredness and Fatigue:**

Many patients experience severe tiredness and fatigue whilst on IV Antibiotics. This can vary in its severity. if you are experiencing this please contact the OPAT Team to discuss

## **Fever and Sweats:**

This may happen in the evenings and only for a short time, for example 30 Mins. If this happens more than once please inform the OPAT team/Community Team.

**This list is not exhaustive. If you develop any signs or symptoms that you have not had in hospital please contact the OPAT Team.**

Smoking will not be permitted on any NHS site in England.Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds

**This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email [gwh.pals@nhs.net](mailto:gwh.pals@nhs.net)**

### **Document Control**

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