



Patient Information

Clinical Nurse Specialist for Urological Cancers

What does the Clinical Nurse Specialist do?

We offer support, advice and guidance to men and women at any stage in their illness who have a cancer of the urinary tract, which includes cancers of the:

* Prostate * Bladder * Kidney * Testes * Penis * Urethra

Being Told Your Diagnosis:

When you are first given a diagnosis of cancer you will be assigned a key worker. This person will be able to co-ordinate your care and act as a central point of contact. It is likely to be the Clinical Nurse Specialist but this role may sometimes be assigned to another member of the multi-disciplinary team.

It is normal to experience a wide range of emotions when cancer is diagnosed. We are available from your diagnosis onwards to discuss your illness, care and treatment.

What can the Clinical Nurse Specialist offer me?

Advice and support for you, your relatives, carer and friends.

- Information about your diagnosis.
- Information about investigations and treatments such as surgery, chemotherapy and radiotherapy.
- Advice about controlling symptoms such as pain, fatigue, nausea and constipation.
- Provide a link with the doctors and other health care professionals.
- Emotional support in dealing with your diagnosis.

The hospital staff will send you copies of your clinic letters following appointments at which diagnosis, treatment options, and follow-up arrangements are discussed. If you have not received copy letters and would like to, please ask.

Please inform clinic staff if you do not want to receive a copy of your clinic consultation letter.



Clinical Nurse Specialist for Urological Cancers

Contacts: Your Clinical Nurse Specialist can be contacted by telephone, email and fax or to see by appointment.

Your Urology Clinical Nurse Specialist team is:

Siàn Fletcher (keyworker)

Sam Richards (keyworker)

Kerrie Wood (keyworker)

Tel: 01793 605917 (answer phone) Monday-Friday 8.30-16.30

Email: gwh.uro.onccns@nhs.net

There is no out of hour's service or weekend service. If you feel unwell & need advice while you are at home please contact your General Practitioner (GP) or if a Swindon resident attend the Urgent Care Centre at the Great Western Hospital.

If you require admission to hospital in case of emergency – please contact either your GP or the Urgent Care Centre if a Swindon resident. They are likely to recommend assessment in our Linnet Acute Medical Unit (LAMU) and if you need a hospital admission the LAMU team will advise.

If you are a patient receiving chemotherapy please follow the instructions on your Medical Alert Card.

Keeping in contact:

- If you are receiving care / treatment at another hospital.
- If your keyworker has changed or you are not sure who your keyworker is.
- If you have been discharged from hospital care.



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Useful contact numbers:

Macmillan Cancer Support

Tel: 0808 808 00 00
www.macmillan.org.uk

Local Macmillan Advice Worker
Sue Williams & John Bristow Tel:
01793 496154

Cancer Research UK
www.cancerhelp.org.uk

The Prostate Cancer Charity
Tel: 0800 074 8383
www.prostatecanceruk.org

Kidney Cancer UK
Tel: 01223 870008
Help Line Tel: 024 7647 4993
<http://www.kcuk.org.uk>

Orchid-Cancer Org www.orchid-cancer.org.uk
Tel 0808 802 0010

Testicular Awareness and Support
<http://www.checkemlads.com/>

Bladder Cancer
www.actionbladdercancer.org

LIFT Counselling Services
Tel: 01793 836836
<http://lift.awp.nhs.uk/swindonandwilts>

Swindon Carers www.carers.org/
local/south-
west/swindon
Tel: 01793 531133

Relate
Tel: 0300 003 1781
www.relatemidwiltshire.co.uk/
www.wheresyourhead.org/all-about-sex-life/



www.nhs.uk/ipg

Network web sites
www.gwh.nhs.uk
<http://oxford.cancerlinks.org.uk>
www.maggiescentres.org
www.pennybrohncancercare.org

Local support groups

abc Affected by Cancer Group
www.abcswindon.org Tel: 01793 533373

HUG Haematology / Oncology United Group www.hugswindon.co.uk

Swindon Bladder Cancer Support

<http://www.swindonbladdercancersupport.org.uk/>



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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

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