



Information Guide for Patients with Gynaecological Cancers

This information leaflet has been designed to introduce you to the Gynaecological Cancer Team. We recognise that being told that you have cancer can be a frightening and potentially confusing time for you and those close to you. We also appreciate that this may be a time when you feel isolated, and that you may not know the best source of advice and help. We have written this guide to help you find the information you need.

The Gynaecological Multi-disciplinary Cancer Team:

The Gynaecological Cancer Team comprises of several different health professionals which include doctors, nurses and therapists. The exact makeup of the team will depend on how and where you are being treated. The main members of the team are listed below. On the following pages is a list of other team members who may be involved in your care at some point during your cancer journey.

Consultant Gynaecologists

Miss Amy Keightley is the Trust Gynaecological Cancer Lead.

Secretary Tel: 01793 60 49 32 (Monday to Thursday from 8.00 – 16.00)

Or alternatively:

Secretary Tel: 01793 60 49 36 (Monday to Friday from 9:00 – 17:00)

Clinical Nurse Specialists for Gynaecological Cancer

Debbie Denley and Jan Dodge (**Key Workers**) Tel: 01793 60 43 52

For urgent matters telephone 01793 60 40 20 and ask for bleep: 1121 or 2119

Debbie and Jan provide advice and support to patients and their families including information relating to diagnosis and treatments such as surgery, chemotherapy and radiotherapy. They also advise about controlling symptoms and give emotional support in dealing with your diagnosis. Debbie and Jan can provide a link with the doctors and other health care professionals.

Key Worker - When you are first given a diagnosis of cancer you will be assigned a key worker. This person will be able to coordinate your care and act as a central



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point of contact. It is likely to be the Clinical Nurse Specialist but this role may sometimes be assigned to another member of the multidisciplinary team.

Consultant Oncologists

Dr Amanda Horne is a Clinical Oncologist who provides chemotherapy and radiotherapy treatments for gynaecological cancer. Dr Horne is based at the Churchill Hospital Oxford, but visits the Great Western Hospital weekly on a Thursday.

Secretary Swindon Tel: 01793 60 59 63 or **Oxford Tel:** 01865 23 52 68

Appointment Booking Clerks Tel: 01793 60 40 50.

Dr Omar Khan is a Consultant Medical Oncologist who provides chemotherapy treatments for gynaecological cancer. Dr Khan is based at the Great Western Hospital.

Secretary Tel: 01793 60 59 63.

Appointment Booking Clerks Tel: 01793 60 40 50.

Consultant Radiologists

Consultant Radiologist specialise in imaging techniques such as X-Rays, CT scans and MRI scans.

Consultant Histopathologist

Consultant Histopathologist who examines cells and tissues removed by biopsy and surgery under the microscope.

Consultant Cytologist who studies cells in fluid removed from the body to identify cancer cells.

Other members of the team how they can help:

General Practitioner - Is involved in your care when your cancer is diagnosed, and can access the service of other health care professionals on your behalf and help co-ordinate your care.

District Nurse - Can visit you at home to assess how you are and provide practical help such as changing dressings. They are a contact between you and your GP and the Clinical Nurse Specialist.

Dietician - Can provide expert advice to patients and carers about balanced diets. Can also assess your need for any dietary or vitamin supplements.



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Counsellor/Clinical Psychologist - Can help with a wide variety of problems which cancer patients and their families sometimes experience such as: anxiety, depression and relationship problems.

LIFT Psychology web - <https://lift-swindon.awp.nhs.uk> Tel: 01793 836836

You may also self-refer to LIFT Psychology services if you live in the Swindon area; they provide a range of services including: one to one sessions, managing fatigue, stress, relationships, life style, managing pain and many more aspects of support. This service is available via your own GP.

Social Worker - Can advise and help with benefits and welfare rights, home care, day care, child care and family relationships.

Radiographer - Performs x-rays and scans to aid in diagnosis and management of cancer.

Therapeutic Radiographer - Plans, delivers and advises on prescribed radiotherapy treatments.

Occupational Therapist - People may be referred to the Occupational Therapist due to the nature of the disease or treatment having affected the way in which they complete activities of daily living. They can assess where the person is having difficulties and then, by practicing activities, using coping strategies or issuing simple assistive equipment, help to maximise independence.

Physiotherapist - Can help you maintain or improve your mobility and breathing. They can also assess your need for walking aids (wheelchair, zimmer frame)

Genetics Department - Gynaecological cancers may have a genetic link and if your consultant feels it is appropriate you may be referred to the Oxford Regional Cancer Genetic Service.

In-patient Palliative Care Team - If appropriate your care will be shared with the Palliative Care Team who specialise in symptom control, emotional and spiritual support.

Prospect Specialist Nurses - Can provide help and support in your home including emotional support and symptom control.

Research and Innovation Team (The Great Western Hospital) - The team support gynaecological clinical trials at the hospital. Should you be considered for a trial, they will provide you with information to make an informed decision about treatment. The team also supervise some aspects of treatment and collect information related to the clinical trial. There are sometimes trials offered at other hospitals and you will be considered for these if appropriate to your care.



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Useful Organisations:

Local Macmillan Benefits Advisor (Swindon) CAB: Provide benefits advice and help you to access the financial support you may now be entitled to. Tel: 01793 49 61 54 (Monday – Friday 9.00 – 17.00) www.macmillan.org.uk/benefitsmadeclear

Macmillan Cancer Support: Supports and develops services to provide specialist care for people with cancer at every stage in their illness. Some patients may also be entitled to special grants which can be arranged through Macmillan nurses. Tel: 0808 808 0000 www.macmillan.org.uk

Prescription charges: People with cancer in England are eligible for free prescriptions. People undergoing treatment for cancer or the effects of cancer or its treatment, can apply for an exemption certificate by collecting a form FP92A from their GP Surgery or Oncology clinic.

Marie Curie Cancer Care: Runs hospices throughout Great Britain and a Community Nursing Service to support cancer patients and their carers in their homes.

Jo's Cervical Cancer Trust: Jo's Trust primary activity is online cervical cancer information and counselling service. Tel: 0207 936 7498 www.jostrust.org.uk

Ovacome: Offers advice/counselling by telephone, sources of information and support. Tel: 0845 371 9554 www.ovacome.org.uk

Look Good Feel Better: A pampering therapy that offers free skincare and make-up workshops for ladies affected by cancer.
Tel: 01793 60 72 13.
For more information about LGFB visit: www.lgfb.co.uk

Penny Brohn Cancer Care: Provide support for men, women as well as families and supports those affected by cancer. Tel: 0845 123 2310.
www.pennybrohncancercare.org

The Great Western Hospital has produced a Guide to local services; you may obtain a copy from Debbie Denley, Jan Dodge or view on line by visiting the GWH web site:
<http://gwh.nhs.uk/search.aspx?s=cancer>



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Useful Telephone Numbers:

You can access these services yourself, via your GP, your Consultant or your Key Worker.

- The Great Western Hospital Switchboard Tel: 01793 60 40 20
- Social Services Department Tel: 01793 64 61 23
- Physiotherapy Department Tel: 01793 60 50 93
- Occupational Therapy Department, GWH Tel: 01793 60 51 19
- Dieticians, GWH Tel: 01793 60 51 49
- Prospect Specialist Nurses, Prospect Hospice Tel: 01793 813 355
- Chaplaincy Department, GWH Tel: 01793 60 42 88
- Pharmacy, GWH Tel: 01793 60 50 24
- Day Therapy Centre, GWH Tel : 01793 60 43 47 or 60 43 48
- Radiotherapy Department, Churchill Hospital, Oxford Tel: 01865 235 465
- Oncology Ward , Churchill Hospital, Oxford Tel: 01865 235 012
- Maggie (Cancer Information Centre), Churchill Hospital, Oxford Tel: 01865 225 690
- The Cancer Information Point, 3rd Floor, Osprey, GWH Tel: 01793 60 43 46
- Local User Involvement Group Tel: 01793 64 61 52

Useful Cancer Organisations and Websites:

There are many ways of finding out more about gynaecological cancers and effective ways of treating it. However, you should be very careful when selecting sources.

There is a lot of inaccurate or misleading information on the internet. Below are some suggested web sites. All sites vary in their content and you will have to search to find the site that answers your particular questions. If you do not have access to a computer, or access to the Internet, why not ask family or friends to help. Your local library or the Cancer Information Point may have this facility.

Please remember there is no way of monitoring the accuracy and quality of information on a website. Please talk to your Clinical Nurse Specialists, Consultant or GP if you are not sure of information you find.



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Organisation	Telephone Contact	Website Address
Cancer Research UK	0808 800 4040	www.cancerhelp.org.uk
NHS Direct	0845 4647	www.nhsdirect.nhs.uk
Vulva awareness campaign organisation		www.vaco.co.uk
HUG Support Group	01488 72100 07787568658	www.hugswindon.co.uk
ABC Support Group	01793 528636 01793 432417	
Swindon Carers	01793 531133	www.swindoncarers.org.uk
Information Prescription Service		www.nhs.uk/ipg/Pages/IPStart.aspx

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.



This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

Document Control

Division: Diagnostic & Outpatients
Department: Cancer Services
Approved Date:
Next Review Date:
Document Number: