



Patient  
Information

# Urology Oncology Nurse Led Telephone PSA Clinic

## General Information

We have prepared this leaflet to explain the purpose of the **Urology-Oncology Nurse Led PSA Telephone Appointment Service**

You have been referred to the clinic because you have stable prostate cancer, having had one of the following treatments:

- Radical Prostatectomy (surgical removal of the prostate)
- External Beam Radiotherapy
- Brachytherapy (radioactive seed implants)
- On Continuous/Intermittent Hormone Treatment.
- On Active Surveillance
- Watchful Waiting

The clinic is held by the Urology Cancer Clinical Nurse Specialist. She will give you an opportunity to ask any questions that you may have with regard to your prostate cancer.

You may not necessarily want to ask questions, but simply want to talk about your feelings and worries. She will also give you her telephone number, so if you have further questions or concerns you will know how to contact her. We understand that having cancer or



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recovering from cancer can also affect those closest to you. They may also be feeling anxious and worried.

## What does the Urology Oncology Nurse Led Telephone Clinic aim to provide?

- To offer you and your family emotional support by listening to your concerns and worries.
- To allow you time to ask questions about your diagnosis, treatment and follow up care.
- To advise you of any test results you may be waiting for example PSA blood test.
- To help you access information about your cancer and provide you with contact details of useful organisations/cancer information point.
- To assess and manage any symptoms you may be experiencing such as urinary, pain, hot flushes, constipation or other symptoms.
- To advise you of financial support /benefits that you may be entitled to.
- To help arrange appointments with other specialists such as the Oncologist (cancer specialist), or if further tests such as x-rays scans or blood tests need carrying out.



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- To provide a link with all members of the health team involved in your care to ensure that your views and wishes are taken into consideration at all times.

## **If you are having a Nurse Led PSA telephone appointment:**

A letter will be sent to you with the date and time for the nurse to telephone you.

**You should not attend the hospital for this appointment.**

If you have any questions or worries about your appointment please contact: the appointment desk **01793 60 40 40** or Sian Fletcher, Sam Richards, Kerrie Baldwin Urology - Oncology Cancer Clinical Nurse Specialists.

**Telephone direct line and leave message on  
01793 60 5917.**

**Email: [gwh.uro.onccns@nhs.net](mailto:gwh.uro.onccns@nhs.net)**



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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

**This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email [gwh.pals@nhs.net](mailto:gwh.pals@nhs.net)**

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