



## Patient Information

## Treatment in Colposcopy Clinic

### IMPORTANT MESSAGE

**If you have a coil inserted, this may need to be removed prior to your treatment. You should ensure that you use a barrier method of contraception for a week prior to your appointment.**

**The treatment will be either:**

1. Cold Coagulation/Local Ablative Therapy – this is when the abnormal cells are destroyed using a cautery probe, destroying the cells with heat.
2. Diathermy Loop – This is when a heated wire loop is used to remove abnormal cells.

Either of the above treatments will take approximately 10-15 minutes. It will be carried out under local anaesthetic and will only be mildly uncomfortable. We would encourage you to bring an adult with you to accompany you home. You are advised not to go back to work or carry out any strenuous activity for the rest of the day.

You will have some bleeding and discharge for the next 4 - 6 weeks. Do not use tampons for this loss or for your next period.

You should refrain from having sexual intercourse for six weeks. You may take your usual daily bath or shower.

You will need to have a cervical screening test in 6 months and you will receive a letter prompting you to make an appointment with your GP unless you have been specifically told otherwise by your clinician.

**Advice Line: 01793 605252    Appointments Only: 01793 604820**  
**Both departments open Monday – Friday 8.30 – 17.00**



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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

**This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email [gwh.pals@nhs.net](mailto:gwh.pals@nhs.net)**

**Document Control**

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