



Induction of Labour Under 14 Weeks of Pregnancy

This leaflet has been written to give you some practical information about your admission to hospital for induction of labour under 14 weeks of pregnancy.

How is the labour induced?

This is done in two stages. Firstly you will take a tablet called **mifepristone**, and then you are invited to return home for two days. You will be asked to return to Beech Ward on the morning of the second day when your labour will be started.

The **mifepristone** tablet helps to prepare your womb for the labour and helps to shorten the length of time that labour takes.

Most people don't feel any different after taking the tablet, but one of the side effects can be nausea, so an anti-sickness tablet may be given at the same time.

It is possible that you could have some pains while you are at home. You should make sure that you have some paracetamol or the pain-killers you usually use for headache or period pain at home.

If you have pain that you are worried about when you are at home please ring Beech Ward and ask to speak to the nurse in charge.

Your Admission to Hospital

You will be able to obtain extended parking. Please speak to the ward coordinator. You will be admitted to a side room (a one-bed room) with an en suite bathroom on Beech Ward, which is the Gynaecology ward.

This room will be yours during labour and delivery of your baby and if you would like your husband, partner or relative to be with you for any or all of your stay they will be welcome. We have a bed that can be used for overnight stay.

Your admission to Hospital

If, for example, you took your tablet on Monday, you will be asked to return to Beech Ward on Wednesday morning. You will be asked to phone the ward at about 09.00am to make sure that your bed is ready and to arrive as soon as possible after that.



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What happens to my baby?

There is no legal requirement to register the birth of a baby stillborn before 24 weeks. In Swindon it is policy for all babies under 14 weeks to be cremated at Kingsdown Crematorium unless parents wish to make alternative arrangements. This happens on a monthly basis. Many parents want to do something positive to remember their baby and we will help if we can. The hospital chaplain is always available to talk to and to discuss ways in which we can help you to manage your feelings of loss.

The chaplaincy can visit while you are in hospital or can be reached through the main switch board of Great Western Hospital: **Tel: 01793 604020.**

After I have delivered the baby can I go home?

After the delivery of your baby it is important to make sure that the after-birth comes away as well. The nurse will give you an injection in your leg to help your womb to push out the after-birth. Sometimes it does not come away easily and it is necessary to have an operation to remove it.

As this usually has to be done under a general anaesthetic, when we think you are about to deliver your baby we will ask you not to eat or drink anything in case you need to have the operation. You will have a fluid drip to stop you becoming dehydrated.

If you have an operation you will need to stay overnight. If an operation is not necessary you may be allowed home on the same day so long as you have someone with you.

When can I go back to work?

You will have some bleeding for one to two weeks after your delivery and you may experience some abdominal discomfort. Your breasts may feel tender too. We generally advise you to have a couple of weeks off work and then see how you feel. It often takes longer to recover emotionally than physically.

Do I need to see the doctor after I go home?

We will make sure that your Doctor and Midwife know what has happened and you will be given a letter to take back to your General Practitioner (GP) when you leave hospital. You may have an appointment to come back and see the Doctor at the hospital.

If you would like any further advice please contact the Early Pregnancy/Emergency Gynaecology Unit **Tel: 01793 605257. This is available 24 hours a day.**



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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

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