Advice following LLETZ procedure (large loop excision of the transformation zone)

You have just had a LLETZ procedure which has removed the abnormal cells on your cervix. Below is some advice for you to follow:

- You may have some period like pain. Your normal painkillers, for example Paracetamol, should help. It is advisable that you should avoid heavy lifting and strenuous activity for around 2 weeks.

- It is expected that you have vaginal discharge following this procedure, however, if you experience bleeding heavier than your period or an offensive smell, please contact your GP.

- Do not have sexual intercourse for 6 weeks to allow the cervix to heal. If you still have a discharge after that time please call us on the help line below for advice.

- The piece of tissue will be sent to the histology department for examination, a copy of this report will be sent to your GP and we will write to you with the results within 3-4 weeks.

- You will need a cervical smear test in 6 months, usually this can be done at the GP but we will advise you of this in your letter.

- There is a small risk of infection following this procedure, if you notice an offensive smell or experience vaginal bleeding heavier than your normal period please call your GP for advice.

Please contact your out of hours GP in an emergency
Advice Line: 01793 605252      Appointments: 01793 604980
Both departments open Monday – Friday 8.30 – 17.00
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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

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