

**Patient
Information**

Having your Mammogram Easy Read



Breast X-rays (Mammograms) are done about every 3 years for women age 50 to 70.



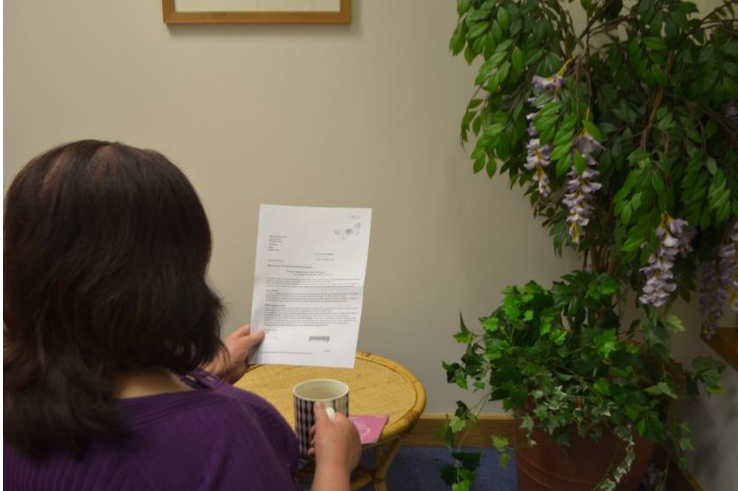
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Your breast X-ray will be either at the breast centre in the hospital or on the mobile unit.



Having your Mammogram Easy Read



When you need to have a breast X-ray you will get a letter. It will tell you the date, time and place of your appointment.



Having your Mammogram Easy Read



When you arrive, let people know you are here. You can bring a friend or carer with you if you wish.



Having your Mammogram Easy Read



You will need to take off your top and bra.

You can put your top back on while you are waiting.



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You will be taken into the X-ray room where you will be asked some questions.



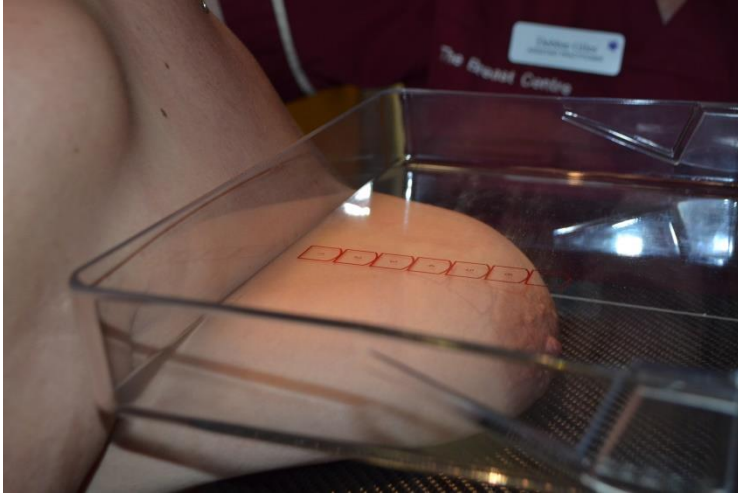
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The X-ray lady will show you the machine and tell you what will happen.



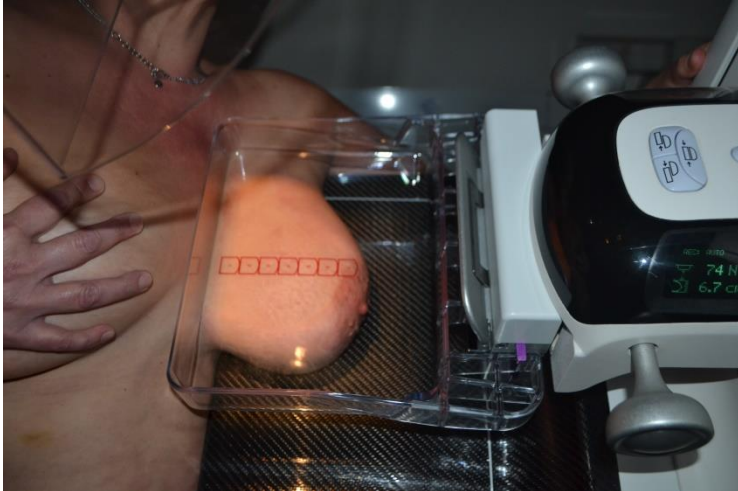
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Your breast will be lifted by the X-ray lady onto the machine. It will be squashed from the top. It can be uncomfortable, but it won't be for long. You can say if you want to stop.



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Another picture will be taken from the side.

Again it will be squashed.

It can be uncomfortable but won't last long.

You can say if you want to stop.



Having your Mammogram Easy Read



After the mammogram you will be told how you will find out your result and how long this will take.



Having your Mammogram Easy Read



You can then get dressed and go home.



Having your Mammogram Easy Read

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This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

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