



Colonoscopy/Flexible Sigmoidoscopy and polypectomy with Sedation

Discharge Document

Date	
Endoscopist	
Referring Consultant	
Named Nurse	

Information you need:

Because you have received sedation for your investigation today you must not drink alcohol, drive a vehicle, operate machinery, sign legal documents or make important decisions for 24 hours. You **must** have an adult with you for the next 24 hours. You may eat and drink normally.

You may experience some abdominal pain following your test. This is usually due to air in the lower bowel put in during the procedure. These symptoms usually settle after 12 – 24 hours. Occasionally you may feel light-headed for up to 24 hours. Do not worry if you pass a small amount of blood when you next open your bowels – this is not unusual and should stop within 24 hours.

During your examination today you had a polypectomy (removal of polyp/s), this (these) have been sent for testing. There is a small risk of bleeding or of a perforation of the bowel after a polypectomy.

IMPORTANT

If at any time after you leave the department you:

- become unwell,
- feel hot and cold,
- feel as though your heart is racing,
- have severe abdominal pains and feel sick,

Please go to the nearest EMERGENCY DEPARTMENT and bring a copy of your procedure report with you

Please turn over



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Additional information:

- Please see your procedure report
- Biopsies have been taken from _____
- A Polyp/s were found in _____.
but it was unable to be removed on this occasion.
- An appointment for _____'s clinic will be sent in the post.
- Your care has been returned to your General Practitioner, no further follow up is required.
- Additional leaflets given _____

If abdominal pain and / or bleeding is severe or lasts longer than 24 hours you should contact your General Practitioner or go to the nearest EMERGENCY DEPARTMENT.

PLEASE BRING THE COPY OF YOUR REPORT WITH YOU

Any further Information:-

If you have any concerns or wish to ask further questions please contact the Endoscopy Unit on 01793 604135 from

- 7.30am – 8pm Monday to Thursday,
- 7.30am – 6pm Friday,
- 8am – 6pm Saturday,
- 8am – 12 midday on Sundays. (Please note there is not an answer machine on this telephone number)

If you need urgent attention or advice then contact your General Practitioner or call the Emergency Department on 01793 604104 or present to the Emergency Department

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

Document Control

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