



## Colonoscopy/Flexible Sigmoidoscopy with Entonox/without Sedation

### Discharge Document

Date	
Endoscopist	
Referring Consultant	
Named Nurse	

### Information you need

- You may eat and drink normally.
- You may experience some abdominal pain following your test. This is usually due to air in the lower bowel put in during the procedure. These symptoms usually settle after a short period.
- Occasionally you may feel light-headed for a short time.
- Do not worry if you pass small amount of blood when you next open your bowels – this is not unusual and should stop within 24 hours.

**If abdominal pain and / or bleeding is severe or lasts longer than 24 hours you should contact your General Practitioner or go to the nearest Emergency (ED) Department.**

**Please take the copy of your report with you**

### Additional information:

- Your procedure has been performed successfully
- Please see your procedure report
- Biopsies have been taken from \_\_\_\_\_
- A Polyp or polyps were found in \_\_\_\_\_.  
These were removed for testing / were unable to be removed on this occasion.
- An appointment for \_\_\_\_\_'s clinic will be sent in the post.
- Your care has been returned to your General Practitioner, no further follow up is required.



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- Additional leaflets given \_\_\_\_\_

Any Additional Information:-

**If you have any concerns or wish to ask further questions please contact the Endoscopy Unit on 01793 604135 from**

- Monday to Thursday 7.30 am – 8 pm.
- Friday 7.30 am – 6 pm
- Saturday 8 am – 6 pm
- Sunday 8 am – 12 midday.

**If you need urgent attention or advice then contact your General Practitioner or call the Emergency Department on 01793 604104 or present to the Emergency Department**

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

**This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email [gwh.pals@nhs.net](mailto:gwh.pals@nhs.net)**

**Document Control**

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