



Patient Information

Eye Clinic: Post-operative Care Following Penetrating Keratoplasty Surgery

DO NOT RUB YOUR EYE!

- Keep the eye shield to wear AT NIGHT for the next 2 weeks. Use the tape provided.
- Avoid smoky/dusty rooms that can irritate the eye.
- Avoid strenuous exercise/heavy lifting for 4 weeks.
- Avoid contact sports and especially swimming until you are given clear advice to do so.
- You will need 2- 4 weeks off work, depending on your role.
- DO NOT drive until the doctor tells you it is safe to do so.
- Appointments will be made at 2 days and then 1 week after surgery. Further appointments will depend on your post-operative progress.
- Use eye drops as described on the advice sheet overleaf.

If you develop the following symptoms: Please contact us immediately:

- **Increasing eye pain redness or soreness**
- **Increased sensitivity to light and discharge**
- **Deterioration in sight or loss of vision**

Eye Department contact details;

Monday – Friday 09.00 – 21.00

Saturday – Sunday 09.00 – 13.00

Bank Holidays – 09.00 13.00



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Post-operative Drops

Please start all sets of drops to the operated eye on the morning after Corneal Graft surgery.

1. **Chloramphenicol** drops (store in the fridge) 4 times a day
For two weeks **THEN STOP**
Breakfast/Lunch/Tea time and Bedtime
2. **Dexamethasone** drops 4 times a day for **FOUR** weeks
Breakfast/Lunch/Tea time and Bedtime

PLEASE LEAVE 5 MINUTES BETWEEN EACH DROP.

Continue any other eye drops to the unaffected eye as normal.

Other drops or medication may be prescribed and can be written below:

Drop/Medication	Times daily	Route	Duration



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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

Document Control

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