



Patient Information

Eye Clinic: Post-operative Care Following Corneal Graft DSAEK Surgery

DO NOT RUB YOUR EYE!

- You will need to lie flat on your back for the first 2 hours as an air bubble is used to push the new graft into position. This bubble will be absorbed after a few days.
- At home, after the surgery, you should also lay face up looking at the ceiling for the first 24 hours. Take five minutes break every hour for eating/toileting.
- Keep the eye shield to wear AT NIGHT for the next 2 weeks. Use the tape provided.
- Avoid smoky/dusty rooms that can irritate the eye.
- Avoid strenuous exercise/heavy lifting for 4 weeks.
- Avoid contact sports and especially swimming until you are given clear advice to do so.
- You will need 2-4 weeks off work, depending on your role.
- DO NOT drive until the doctor tells you it is safe to do so.
- Appointments will be made at 2 days and then 1 week after surgery. Further appointments will depend on your post-operative progress.
- Use eye drops as described on the advice sheet overleaf



Eye Clinic: Post-operative Care Following Corneal Graft DSAEK Surgery

If you develop the following symptoms

Please contact us immediately:

- Increasing eye pain redness or soreness
- Increased sensitivity to light and discharge
- Deterioration in sight or loss of vision

Eye Department contact details;

Monday – Friday 09.00 – 21.00

Saturday – Sunday 09.00 – 13.00

Bank Holidays – 09.00 13.00

Post-operative Drops

Please start all sets of drops to the operated eye on the morning after Corneal Graft surgery.

1. Chloramphenicol drops (store in the fridge) 4 times a day for two weeks **THEN STOP**
Breakfast/Lunch/Tea time and Bedtime
2. Dexamethasone drops 4 times a day for **FOUR** weeks
Breakfast/Lunch/Tea time and Bedtime
3. Cyclopentolate 1% drop 3 times a day for **THREE DAYS**
Breakfast/ Afternoon and Bedtime

PLEASE LEAVE 5 MINUTES BETWEEN EACH DROP



Eye Clinic: Post-operative Care Following Corneal Graft DSAEK Surgery

Other drops or medication may be prescribed and can be written below:

Continue any other eye drops to the unaffected eye as normal.

Drop/Medication	Times daily	Route	Duration

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

Document Control

Division: Planned Care
Department: Ophthalmology
Approved Date: January 2019
Next Review Date: February 2022
Document Number: PC - PIL0151