

A colorful speech bubble logo with a rainbow gradient border. Inside the bubble, the words "Patient Information" are written in white, bold, sans-serif font.

Patient
Information

Clavicle Fracture Child



Your child has fractured their clavicle (collar bone). This type of fracture is common in children and heals well – the only treatments required are painkillers and a sling.

We would expect the collar bone to be painful for four – six weeks.

Your child may find it more comfortable to sleep sitting upright for the first few days after the injury.



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The shoulder and arm can be moved out of the sling as comfort allows. This will usually be from about two weeks after the injury, but can be sooner if comfortable.

The “bump” over the fracture is quite normal and is produced by healing bone. It may take up to one year to disappear. If your child is older than 10 years of age a small bump may remain.

Your child may return to sports such as swimming as soon as comfortable, but should avoid contact sports such as football, rugby and basketball for six weeks after the injury.

If your child is still experiencing significant symptoms after several months, please telephone the fracture clinic number listed below for further advice.

Should you have any worries or concerns following discharge, please contact the:

Fracture Clinic: 01793 605 312
(8.30am to 5.00pm Monday to Friday)

Outside of these times you can leave a message on the above number or, if Urgent, call NHS 111.



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Further Advice And Instructions

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Please retain this leaflet for future reference.



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For further advice or information you can telephone your local Minor Injury Unit (MIU):

Chippenham Community Hospital

Rowden Hill

Chippenham

SN15 2AJ

Tel: 01249 456 403/4

Open: 07:00am to 23:00pm; 7 days a week

Trowbridge Community Hospital

Adcroft Street

Trowbridge

BA14 8PH

Tel: 01225 711 329

Open: 07:00am to 23:00pm; 7 days a week

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

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