



Patient Information

Falls Information Letter

Dear Patient

You have been given this pack because you attended Great Western Hospital-Emergency Department following a fall. This pack contains advice to support your recovery and information about available services within your area that you may choose to access.

We would encourage you to read this information and explore any options that you feel are appropriate to yourself, in order to optimise your return to function and to reduce the risk of further trips, slips or falls in the future.

The following contact details will be able to offer additional support with any ongoing queries or provide advice:

If your General Practitioner (GP) is registered in Swindon:

Live Well Swindon: An advice service that can help signpost you to the most appropriate information or exercise/management classes. Tel no: 01793 465 513
Website :https://www.swindon.gov.uk/info/20139/live_well_swindon_hub

Homeline: Supports with the provision of pendant alarms and temporary key safes – there is usually a small cost attached to this. Tel no: 01793 464 430

Swindon Local Offer: A website with signposting, particularly if your needs change. This may include care support, support with household tasks, support with financial or legal issues and advice on healthy living and well-being. Available at:
https://www.swindon.gov.uk/info/20011/adult_social_care_and_support



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If your General Practitioner (GP) is registered in Wiltshire:

Active Health: A scheme across Wiltshire providing opportunities to access exercise classes, including falls prevention classes. Contact the coordinator on Tel no: 07799074312 Email: physicalactivity@wiltshire.gov.uk

Age UK: Support with the provision of pendant alarms as well as support around welfare, housing choices and local services.
Tel no: 01380727767 Website: <https://www.ageuk.org.uk/wiltshire/>

Your Care Your Support: A website for signposting, particularly if your needs change. This may include care support, support with household tasks, support with financial or legal issues and advice on healthy living and well-being.
Available at: <https://adults.wiltshire.gov.uk/>

If your General Practitioner (GP) is registered outside these areas:

We would recommend that you liaise with your local GP surgery who will be able to signpost you to the most appropriate services for you.

If after reading the above information you remain uncertain of which steps to take or are struggling to recover in terms of function and mobility, please contact your GP.

Kind Regards

Smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

Document Control

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