



## Clinical Nurse Specialist for Gynaecological Cancers

### What does the Gynae/Oncology Clinical Nurse Specialist do?

This leaflet has been produced to answer some of the questions you may have about the role of the Clinical Nurse Specialist for gynaecological cancers. The Gynaecological Clinical Nurse Specialist offers support, advice and guidance to women at any stage in their illness who have a cancer of the genital tract, which includes cancers of the:

- Vulva (the female external genitals/sex organs)
- Cervix (the lower part of the womb that joins to the top of the vagina)
- Vagina (the passage leading from the opening of the vulva to the cervix)
- Ovary (small oval-shaped organs in the pelvis)
- Endometrium (lining of the womb)

### Being Told Your Diagnosis:

When you are first given a diagnosis of cancer you will be assigned a **Key Worker**. This person will be able to co-ordinate your care and act as a central point of contact. It is likely to be the Gynae/Oncology Clinical Nurse Specialist but this role may sometimes be assigned to another member of the multi-disciplinary team. It is normal to experience a wide range of emotions when cancer is diagnosed. The Gynae/Oncology Clinical Nurse Specialist is available from your diagnosis onwards to discuss your illness, care and treatment.

### What can the Gynaecological Clinical Nurse Specialist offer me?

- Advice and support for you, your relatives, carer and friends.
- Information about your diagnosis.
- Information about investigations and treatments such as surgery, Chemotherapy and radiotherapy.
- Advice about controlling symptoms such as pain, fatigue, nausea and constipation.
- Provide a link with the doctors and other health care professionals.
- Emotional support in dealing with your diagnosis.
- The hospital staff will send you copies of your clinic letters following appointments at which diagnosis, treatment options, and follow-up arrangements are discussed. If you have not received copy letters and would like to, please ask. Please inform clinic staff if you do not want to receive a copy of your clinic consultation letter.



# Clinical Nurse Specialist for Gynaecological Cancers

**Contact Numbers:** The Gynae/Oncology Clinical Nurse Specialist is available for you to contact by telephone, email, and fax or to see by appointment.

## Your Nurses are:

**Debbie Denley** (Key worker and team lead)  
Gynae/Oncology Clinical Nurse Specialist  
Telephone contact: 01793 604352 (answer phone)  
Email: [debbie.denley@nhs.net](mailto:debbie.denley@nhs.net)

Monday, Tuesday, Thursday & Friday (9.00 – 17.00)  
Wednesday (9.30 – 14.30)

**Jan Dodge** (Key Worker)  
Gynae/Oncology Clinical Nurse Specialist  
Telephone contact: 01793 604352 (answer phone)  
Email: [jan.dodge@nhs.net](mailto:jan.dodge@nhs.net)

Monday, Tuesday, Thursday & Friday (9.00 – 17.00)  
Wednesday (8.00 – 16.00)

Or for urgent matters telephone **01793 604020** and ask for either bleep **1121 for Debbie** or **2119 for Jan**, you will then be put through (within normal office hours).

At any time during your care/treatment or even after your treatment has finished, you can still contact your Gynaecological Clinical Nurse Specialist (**Key Worker**) at the Great Western Hospital for advice.

There is no out of hours' service or weekend service. If you feel unwell and need advice while you are at home please contact your GP or if a Swindon resident attend the Urgent Care Centre at the Great Western Hospital.

If you require admission to hospital in case of emergency – please contact either your General Practitioner or the Urgent Care Centre (if you are a Swindon resident). They will recommend the appropriate treatment.

If you are a patient receiving chemotherapy please follow the instructions on your Medical Alert Card.



# Clinical Nurse Specialist for Gynaecological Cancers

## Useful contact numbers

### Macmillan Cancer Support

Tel: 0808 808 00 00  
[www.macmillan.org.uk](http://www.macmillan.org.uk)

### Local Macmillan Benefits Advisor

Tel: 01793 496154

### Cancer Research UK

Tel: 0808 800 4040  
[www.cancerhelp.org.uk](http://www.cancerhelp.org.uk)

### Ovacome (Ovary)

Tel: 0845 371 0554  
[www.ovacome.org.uk](http://www.ovacome.org.uk)

### Jo's Cervical Cancer Trust

Tel: 0808 802 8000  
[www.jostrust.org.uk](http://www.jostrust.org.uk)

### Vulva awareness Campaign

[www.vaco.co.uk](http://www.vaco.co.uk)

**Look Good Feel Better:** free skincare and make-up workshops for ladies affected by cancer. Tel: 01793 60 72 13 [www.lgfb.co.uk](http://www.lgfb.co.uk)

### Penny Brohn Cancer Care

Provide support for men, women as well as families affected by cancer.

**Tel: 0845 123 23 10**  
[www.pennybrohncancer.org](http://www.pennybrohncancer.org)

**Maggie's:** Free practical and emotional support to people with cancer [www.maggiescentres.org](http://www.maggiescentres.org)

### Information Prescription Service

[www.nhs.uk/ipg/Pages/IPStart.aspx](http://www.nhs.uk/ipg/Pages/IPStart.aspx)

The Great Western Hospital has produced a guide to local services; you may obtain a copy from Debbie or Jan or view on line by visiting the GWH web site:

<http://gwh.nhs.uk/search.aspx?s=ca>

### Other Web Sites:

<http://oxford.cancerlinks.org.uk>

### Local Web Sites:

Affected by Cancer Group (ABC)  
[www.affectedbycancer.co.uk](http://www.affectedbycancer.co.uk)

HUG Haematology / Oncology United Group  
[www.hugswindon.co.uk](http://www.hugswindon.co.uk)

Swindon Carers  
[www.carers.org/local/south-west/swindon](http://www.carers.org/local/south-west/swindon)

### LIFT Counselling Services

**Tel: 01793 836836**  
<https://lift-swindon.awp.nhs.uk>



# Clinical Nurse Specialist for Gynaecological Cancers

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.



**This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email [gwh.pals@nhs.net](mailto:gwh.pals@nhs.net)**

**Document Control**

Division: Diagnostics & Outpatient  
Department: Cancer Services  
Approved Date: 30 April 2020  
Next Review Date: May 2021  
Document Number: D&O - PIL0175