



Welcome to the Neonatal Transitional Care Unit (NTC)

Neonatal Transitional Care

Neonatal Transitional Care unit is where babies that need a little more nursing care and observation can stay with Mother rather than go to the Special Care Baby Unit (SCBU).

Our aim is to provide a safe and caring environment where you can stay and look after your baby with support from Midwives, Maternity Support Workers (MSWs) and the Neonatal Team.

Which Babies are admitted to NTC?

All babies will be assessed to identify who needs to be admitted to NTC. These babies can;

- Be Low birth weight/prematurity
- Need help to keep warm and/or feeding
- Need Phototherapy
- Need Intravenous Antibiotics
- Requiring additional observations including Blood Glucose monitoring
- Need Readmission

Occasionally, your baby may need to go to SCBU for a short period for medication or transferred and admitted to SCBU if more intensive treatment is required. This would be discussed and fully explained to you.

What Happens in NTC?

Your baby will be reviewed daily by the Neonatal Team, with plans of care discussed and explained to you. Please do not hesitate to ask any questions as we would like you to be fully involved in decisions and care of your baby by our team.

You may see equipment in use such as;

- Hot Cot; this has a special heated mattress which helps babies keep warm.
- Phototherapy Unit; this is a special blue light that treats babies who are jaundiced.
Babies wear goggles to protect their eyes whilst under the light.



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Visiting Information

Partners and siblings: 8am to 10pm.

General Visiting: 2pm to 8pm.

Please note that only your own children can visit; no other children will be able to visit the unit due to infection control.

No children under the age of 16.

Only 3 visitors per bed; due to lack of space and to help keep the noise levels to a minimum for other mothers and babies.

Meals

Breakfast, lunch and supper are provided for mothers. There is a kitchen area in the Woodland Suite where you can use tea/coffee making facilities and a microwave. There is also a fridge for your own food, but please label with your name and date and dispose of any unwanted food.

Donations towards the cost of tea and coffee would be much appreciated.

Caring for your Baby

We are keen to support you with caring for your baby, so please let us know if we can show you how to change nappies and clean your baby.

We will also support you in your chosen method of feeding. Breast feeding has many benefits for mothers and babies and we are happy to assist you. We actively support skin to skin contact in the neonatal period. We have a special fridge to store expressed colostrum/breast milk and breast pumps you can use. We also have Infant Feeding Specialists who can offer additional support.

Infection Control

- Please ensure that your visitors wash their hands before touching your baby
- Discourage unwell family and friends from visiting whilst an inpatient.
- Flowers are not allowed on NTC
- We advise you to change your baby's nappy in the cot and not on your bed.

Going home from NTC

Your baby will be examined by the Neonatal Team before going home and must be;

- Feeding well
- Maintaining/gaining weight
- Maintaining temperature in a normal cot
- Have completed any courses of intravenous medication



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The Midwife caring for you will give you advice and information before you go home about:

- Safe sleeping
- Signs of an unwell baby
- Jaundice
- Coping with a crying baby
- Breast feeding
- Bottle feeding
- Hearing test (if on NTC longer than five days)

The Community Midwife will visit you once you are at home.

Contact information

If you require any further advice; please speak to the team caring for you or call us on 01793 604837, 24hrs a day (Hazel Ward).

From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

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