



## Patient Information

## Myosure<sup>®</sup> Procedure (Advice)

You have just been investigated for heavy menstrual bleeding and been told that you have fibroids or polyps. These are benign conditions that typically cause heavy bleeding. The Myosure system is a device that removes this tissue. The majority of these procedures are done on an outpatient basis with the entire procedure taking about 30 minutes

After administering a local anaesthetic, your clinician will insert the device - the MyoSure<sup>®</sup> hysteroscope through your vagina. This will enable a direct view of the polyp or fibroid inside your uterus.

Another instrument, the MyoSure<sup>®</sup> tissue removal device, will then be inserted through the hysteroscope which will remove the tissue that is causing your heavy bleeding. It is simple, effective quick and almost pain free. Once the tissue is removed, your period is likely to go back to normal

There are no incisions (cuts) involved in the procedure and your uterus is left fully intact. You should be able to resume your normal activities within a few days. Very few patients experience complications following the procedure.

All further questions can be answered at your treatment appointment.



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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

**This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email [gwh.pals@nhs.net](mailto:gwh.pals@nhs.net)**

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