



Patient Information

Advice Following Myosure[®] Procedure

You have just had a Myosure[®] procedure to remove either a polyp or a fibroid. Below is some advice for you to follow:

- You may have some period like pain. Your normal painkillers, for example Paracetamol, should be all that is needed to relieve this.
- You will have some bleeding and vaginal loss for the next few weeks; this is normal.
- You may need to rest for 1 or 2 days but you should be able to resume your normal duties almost immediately. Please **do not** use tampons or have sexual intercourse until your discharge has stopped. This could take up to 6 weeks and if the discharge is on-going, you experience heavy bleeding that is not related to your period or develop an offensive smelling discharge contact your GP.
- We will write to you in 3-4 weeks with the results of your sample.

Please contact your out of hours GP in an emergency

Gynaecology Outpatients: 01793 605252

(Monday – Friday 8.30 – 17.00)



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From 1st January 2019 smoking will not be permitted on any NHS site in England. Smoking will not be permitted within any of our buildings or anywhere outside on our sites. Smoking facilities will not be provided. Please be considerate of others when vaping in hospital grounds.

This information sheet is available to order in other languages and formats. If you would like a copy, please contact us on 01793 604031 or email gwh.pals@nhs.net

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